



Privilege - Meter

Our identity is complex and some parts come with limitations, but for every door closed, another is opened. What is the status of your doors?

Words that Describe You:

Parent

Woman

Who ignores or judges you ?

EXAMPLES *my kids*
sexist jerks

Who might hear you because of it?

younger parents

women who feel judged

How do you know when “the moment” for you to speak or act has arrived?

Where do you have a voice?

All of us have someone who listens to us, or a place that lets us inside.
Make a list of all the people or places where your voice can be heard or has some authority.

How do you use your voice?

In the places where you hold authority or have a voice, what do you talk about?
What issues or needs are you addressing for yourself or others?

How could you use your voice?

Who has no voice in the places you are heard, but really should?
What ways might you use your voice or influence to make a positive difference?

Where do you feel like you hold the most power or influence in your life?